



राष्ट्रीय सीमा शुल्क, अप्रत्यक्ष कर एवं नार्कोटिक्स अकादमी
भारत सरकार, वित्त मंत्रालय, राजस्व विभाग
नासिन कॉम्प्लैक्स, सैक्टर-29, फरीदाबाद-121008

NATIONAL ACADEMY OF CUSTOMS, INDIRECT TAXES & NARCOTICS
Government of India, Ministry of Finance, Department of Revenue
NACIN Complex, Sector-29, Faridabad-121008

ई-मेल / E-mail : dg.nacen-cbec@nic.in

फोन / Telephone : 0129-2504652-54

फैक्स / Fax : 0129-2504632

(By e-mail)

F.No.II(11)54/IST/2020-NACIN

Date:04.08.2020

Madam/Sir,

Subject: Online Training on "How to improve immunity through Yoga" on 12th August, 2020 from 10:30 AM to 01:00 PM -reg.

It is our constant endeavour to curate training programmes best suited to the needs of the officers of CBIC. In these unprecedented times of pandemic, it is important that we learn to cope with stress through various healthy practices and stress busting mechanisms. One such way to effectively deal with stress and to strengthen our immune system is learning correct breathing techniques and yogic postures.

2. In this context, NACIN Faridabad, has scheduled an Online Training on 12th August, 2020 from 10:30 AM-1:00 PM, on the captioned subject.
3. It is requested to nominate officers for the said online training. The details may please be sent in the following format in **EXCEL only**:

Sr. No	Name of the Officer	Designation	Place of Posting	Zone	Mobile No.	Email ID (in capital letters)
--------	---------------------	-------------	------------------	------	------------	----------------------------------

4. Details of the nominated officers may please be sent by 10th August, 2020 before 6 PM to this office by **email ONLY** at **EMAIL ID: NOMINATION.ISTNACIN@GMAIL.COM** with the captioned subject in the subject field of the email. Details of the web-platform, web-link and appropriate instructions for participation in the Online Training will be directly sent to the participants by e-mail and they can participate in the Online Training by simply clicking on the link at the designated time. In case of any query/difficulty, Shri Arvind Kumar, Addl. Assistant Director (Mob: 8448662025) or Shri Mahesh Kumar, Addl. Assistant Director (Mob: 9810411650) may please be contacted.

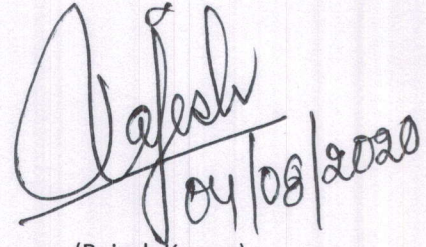
Yours faithfully,


(Rajesh Kumar)
Joint Director

राजेश कुमार
RAJESH KUMAR
संयुक्त निदेशक
JOINT DIRECTOR

To

1. The Pr. Chief Commissioners/ Chief Commissioners of Customs (All)
2. The Pr. Chief Commissioners/ Chief Commissioners of CGST & Central Excise (All)
3. The Pr. Director General / Director General (All Directorates General under CBIC)
4. The Chief Departmental Representative, CESTAT, New Delhi
5. The Pr. Commissioners/ Commissioners of Customs (All)
6. The Pr. Commissioners / Commissioners of CGST & Central Excise (All)
7. The Pr. Commissioners/ Commissioners of Audit Commissionerates (All)
8. CBIC & NACIN Website


04/08/2020

(Rajesh Kumar)
Joint Director

राजेश कुमार
RAJESH KUMAR
संयुक्त निदेशक
JOINT DIRECTOR